



## Event Details

### Holistic Lifestyle Hospitality Concepts And The Rise Of Mental Wellness

Date	Time	Location
March 5, 2020	13:25 - 13:45	CityCube Berlin, Hall A1

- The drastic increase in mental health problems could cost approximately \$ 16 trillion worldwide by 2030
- Which sensible measures can help people on the one hand and reduce costs on the other?
- What opportunities do wellness retreats offer with focus programs on the following topics: mental health, stress acceptance and dealing with anxiety
- Which of the available alternative healing methods can gain importance in the wellness hotel industry?

### Tags

[Asia](#) [Health](#) [Wellness](#) [Mental](#) [Sustainability](#)

### Speaker:

[Fabian Modena](#), Manager Market Research, Horwath HTL Health & Wellness

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Kurzfristige Änderungen vorbehalten.