



## Event Details

### „Mindful Travel“ Travel Trend – Detox, Self-Care & Health

| Date          | Time          | Location |
|---------------|---------------|----------|
| March 5, 2020 | 15:00 - 15:45 | Hall 21b |

- Travel trend "Mindfulness and a healthier lifestyle"
- What are the needs and expectations of guests?
- "Health is the new status symbol" - how hotels and tour operators cater to the demand for the new attitude towards life
- How are tailor-made wellness, spa and health holidays created?
- Experts reveal the current trends in health tourism (panel discussion)
- Outlook for future trends in the area of "Mindful Travel"

[www.fitreisen.de](http://www.fitreisen.de)

### Tags

[Health](#) [Health Tourism](#) [Wellness](#) [Sustainability](#)

### Speaker:

[Claudia Wagner](#), Managing Director, Fit Reisen

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IM ITB TICKET INBEGRIFFEN

Kurzfristige Änderungen vorbehalten.